



## **Codicote C of E Primary School Drugs Education Policy**

This policy written in consultation with school staff and updated in February 2024.

### **Aim:**

At Codicote School, we strive to provide a caring community in which children learn to respect themselves and others, and take responsibility for their own actions. Within the context of PSHE and Science, the aim of our drugs education programme is to enable children to make healthy, informed choices through:

- increasing knowledge
- challenging attitudes
- developing and practising skills
- widening understanding about related health issues.

### **Objectives:**

We intend to achieve these aims through:

- An appropriate teaching programme with specific objectives
- Content and teaching approaches which match the needs and maturities of all pupils
- Integrating drugs education into the wider curriculum.
- Providing training and support for teachers.
- Recognising that adults are role models for children and committing ourselves to providing a smoke free environment
- Telling parents and visitors what we are doing and encouraging them to support us.

### **Drug Education in the Curriculum**

The outline teaching programme is attached.

Drugs education is taught through:

- The programme for PSHE
- Planned aspects of the National Curriculum such as Science
- Occasional visits negotiated with the school nurse, police officer and other appropriate people.
- Day visits e.g. Year 6 to Crucial Crew.
- Story time, show and tell and circle time.
- Informal curriculum and opportunities for extra curricular activities.

### **Teaching and learning**

The planning for Drugs Education takes the form of a whole school curriculum plan. Teachers use this to develop schemes of work which are amended to suit the needs of particular cohorts of children.

A wide range of teaching approaches is used, in line with our teaching and learning policy. We particularly encourage active learning methods, which involve children's full participation.

### **Resources**

A resource bank is available in the staff room.

### **Responsibilities of staff**

The PSHE coordinator takes overall responsibility for the policy and its implementation, in line with the 'Role of the coordinator at Codicote School' overview.

All class teachers are responsible for the planning and delivery of the Drugs Education Programme.

### **Liaison with other agencies**

Drugs education is a shared responsibility: what is learnt at school can, and should be, supported by experiences at home and in the community. It is therefore sometimes appropriate to involve visitors from outside agencies such as: the school nurse, health visitors, the police.

### **Evaluation of the policy**

The policy will be evaluated regularly measured against the aims and objectives of the policy, by the staff and governors of the school, taking into account the views of parents where appropriate.

## Teaching Overview Drug Education

	<b>Key Stage 1</b>	<b>Key Stage 2</b>
<b>Knowledge &amp; Understanding</b>	<ul style="list-style-type: none"> <li>• School rules relating to medicines</li> <li>• Basic information about how the body works and ways of looking after the body</li> <li>• The role of medicines in promoting health and the reason people use them.</li> <li>• Understanding that all drugs can be harmful if not used properly.</li> <li>• Simple safety rules about medicines and other substances used in the home.</li> <li>• People who are involved with medicines.</li> <li>• People who can help children when they have queries or concerns.</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Information about the body, how it works and how to take care of it.</li> <li>• The effects and risks of alcohol, tobacco, volatile substances and illegal drugs</li> <li>• Different types of medicines, and safe and appropriate use of medicines.</li> <li>• Introduction to the law relating to the use of legal and illegal drugs.</li> <li>• People who can help children when they have queries or concerns.</li> <li>• Smoking, and the harmful effect it has on the body.</li> <li>• Dangers from handling discarded syringes and needles.</li> </ul>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Communicating feelings.</li> <li>• Follow simple safety instructions.</li> <li>• When and how to get help from adults.</li> <li>• Make healthy choices</li> </ul>	<ul style="list-style-type: none"> <li>• Identifying risks.</li> <li>• Strategies to manage risky situations</li> <li>• Coping with peer influences – how to respond to pressure</li> <li>• Communicating with adults.</li> <li>• Decision making and assertiveness.</li> <li>• Giving &amp; getting help.</li> <li>• Safety procedures when using medicines.</li> </ul>
<b>Attitudes</b>	<ul style="list-style-type: none"> <li>• Valuing one's body and recognising its uniqueness.</li> <li>• Attitudes towards medicines, health professionals and hospitals.</li> </ul>	<ul style="list-style-type: none"> <li>• Valuing oneself and other people.</li> <li>• Response to media and advertising presentations of alcohol, tobacco and other legal drugs.</li> <li>• Taking responsibility for one's own safety and behaviour.</li> </ul>